

Endemics and Possible Endemic Birds to Target in Costa Rica

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List of Bird Species Endemic to Costa Rica



8 country endemics, three of which are restricted to Cocos Island.

The Mangrove Hummingbird and Black-cheeked Ant-Tanager may have been recently seen in Panama, very close to the border. Also, Guanacaste Hummingbird is a mystery species awaiting rediscovery.

Cocos Cuckoo (Cocos Island)
Coppery-headed Emerald
Mangrove Hummingbird

Cocos Flycatcher (Cocos Island)

Black-cheeked Ant-Tanager

Cabanis's Ground-Sparrow

Cocos Finch (Cocos Island)

Guanacaste Hummingbird (also known as Alfaro's Hummingbird and only known from one specimen)

List of Bird Species Only Found in Honduras, Nicaragua, Costa Rica, and Panama (as well as the border area of the Darien in Colombia).



These are **110 bird species and likely species** that only occur in the countries listed above. Many are easier to see in Costa Rica because the habitats in which they occur tend to be more accessible.

Black Guan

Black-breasted Wood-Quail

Black-eared Wood-Quail
Chiriquí Quail-Dove
Purplish-backed Quail-Dove
Buff-fronted Quail-Dove
Middle American Screech-Owl (birds that live in northwestern Costa Rica)
Dusky Nightjar
Costa Rican Swift
Veraguan Mango
White-crested Coquette
Talamanca Hummingbird
Fiery-throated Hummingbird
White-bellied Mountain-gem
Purple-throated Mountain-gem
White-throated Mountain-gem
Magenta-throated Woodstar
Volcano Hummingbird (three distinct subspecies in Costa Rica, perhaps there are two or three species involved?)



Scintillant Hummingbird
Garden Emerald
Snowcap

White-tailed Emerald
Black-bellied Hummingbird
Blue-vented Hummingbird
Blue-tailed Hummingbird
Charming Hummingbird
Snowy-bellied Hummingbird
Bare-shanked Screech-Owl
Costa Rican Pygmy-Owl
"Puntarenas" Screech-Owl- the undescribed Megascops that lives in southern
Costa Rica and adjacent western Panama.



Baird's Trogon
Collared Trogon (Orange-bellied Trogon)
Lattice-tailed Trogon
Northern Black-throated Trogon
Prong-billed Barbet

Fiery-billed Aracari
Golden-naped Woodpecker
Hoffmann's Woodpecker
Rufous-winged Woodpecker
Sulfur-winged Parakeet
Crimson-fronted Parakeet
Red-fronted Parrotlet
Orange-collared Manakin
Velvety Manakin
Turquoise Cotinga
Yellow-billed Cotinga
Snowy Cotinga
Bare-necked Umbrellabird
Three-wattled Bellbird
Gray-headed Piprites
Olive-streaked Flycatcher
Tawny-chested Flycatcher
Dark Pewee
Ochraceous Pewee
Black-capped Flycatcher
Black-hooded Antshrike
Streak-crowned Antvireo
Dull-mantled Antbird
Streak-chested Antpitta (it is very likely that two species are involved- one from Honduras to the Caribbean slope of Costa Rica and Panama, and another that ranges from southern Costa Rica to western Ecuador).

Thicket Antpitta (it is very likely that at least two species are involved- one in Costa Rica and western Panama, and another that ranges from the Darien to western Ecuador)

Black-headed Antthrush (it is very likely that at least two species are involved- one in Costa Rica and western Panama, and another that ranges from the Darien to western Ecuador)

Black-crowned Antpitta
Silvery-fronted Tapaculo
Spot-crowned Woodcreeper (it is very likely that the taxon in Costa Rica and Panama are a valid species)

Ruddy Treerunner
Buffy Tuftedcheek
Chiriqui Foliage-gleaner
Streak-breasted Treehunter
Yellow-winged Vireo
Silvery-throated Jay
Azure-hooded Jay (studies have shown it probably be split soon)
Black-and-yellow Silky-Flycatcher
Long-tailed Silky-Flycatcher
Black-throated Wren
Riverside Wren
Stripe-breasted Wren
Ochraceous Wren
Timberline Wren
Isthmus Wren
Canebrake Wren
Black-faced Solitaire
Black-billed Nightingale-Thrush
Slaty-backed Nightingale-Thrush (studies have shown it probably be split soon)



Sooty Robin
Yellow-crowned Euphonia
Spot-crowned Euphonia
Golden-browed Chlorophonia
Tawny-capped Euphonia
Flame-throated Warbler
Sooty-capped Chlorospingus
Volcano Junco
Sooty-faced Finch
Yellow-thighed Brushfinch
Large-footed Finch
Costa Rican Brushfinch
Wrenthrush
Nicaraguan Grackle

Collared Redstart
Black-cheeked Warbler
Costa Rican Warbler
Black-thighed Grosbeak
Carmioli's Tanager
Blue-and-gold Tanager
Black-and-yellow Tanager
White-throated Shrike-Tanager
Sulphur-rumped Tanager
Spangle-cheeked Tanager
Nicaraguan Seed-Finch
Peg-billed Finch
Slaty Flowerpiercer

Isolated Subspecies that Live in Costa Rica and Panama that may or may not be separate species

These are various bird species with isolated populations in Costa Rica and Panama. Studies could end up splitting some. Always good to see in any case!

Highland Tinamou
Buffy-crowned Wood-Partridge
Marbled Wood-Quail
Spotted Wood-Quail
Band-tailed Pigeon
Middle American Screech-Owl (birds that live in northwestern Costa Rica)
Hairy Woodpecker
Resplendent Quetzal
Northern Emerald Toucanet
White-crowned Manakin
Sharpbill
Mountain Elaenia (birds in Central America sound different from birds in South America)
Nutting's Flycatcher
Black-crowned Antpitta (the subspecies that occurs in Costa Rica and western Panama looks and sounds a bit different from birds in central-west Panama)
Ochre-breasted Antpitta



Gray-throated Leaf-tosser
Black-banded Woodcreeper
Strong-billed Woodcreeper
Streaked Xenops
Buff-fronted Foliage-gleaner
Brown-throated Parakeet
Rosy Thrush-Tanager
White-eared Ground-Sparrow
Green Shrike-Vireo (different subspecies on each side of the mountains)
Scaly-breasted Wren
Black-bellied Wren
Bay Wren
White-breasted Wood-Wren
Orange-billed Nightingale-Thrush (the taxon from southern Costa Rica and western Panama)
Olive-crowned (Chiriqui) Yellowthroat
Ashy-throated Chlorospingus
Orange-billed Sparrow (subspecies on each side of the mountains sing quite

differently)

Cherries' (Scarlet-rumped) Tanager